

# Vital Care Kit

## USER MANUAL

A combination of essential medical devices and 1 year membership to our remote medical service, to help detect and respond to viral infections.



# Instructions for Use – User Registration

## Step 1

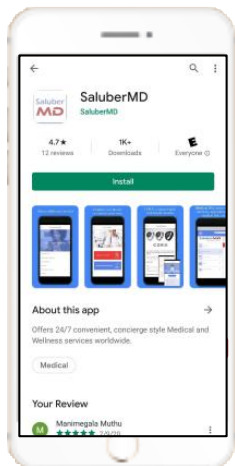
Download the SaluberMD App from the App Store or Google Play

## Step 2

Open the App, select "Register" then "Patient" then "Next" and enter the code included in the kit

## Step 3

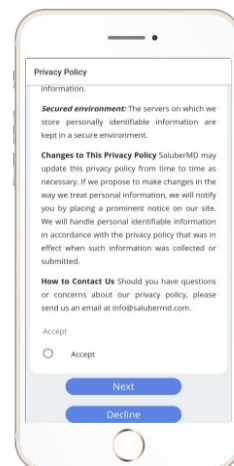
Read the terms of use and privacy policy and "check" at the bottom of the document.



## Step 1



## Step 2



## Step 3



## Step 4

Enter the user and password you selected to access the App.

## Step 5

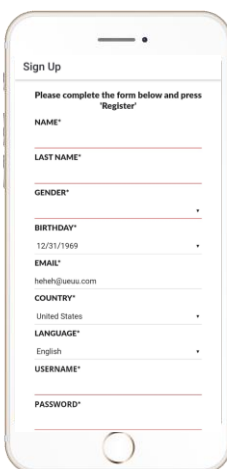
As soon as you enter the App you will have to complete your profile.

## Step 6

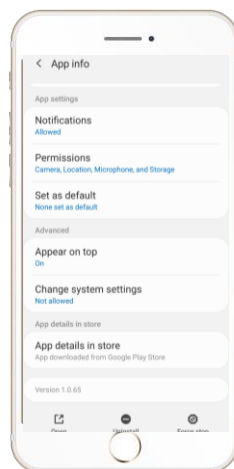
Allow all permissions required by the App and Join SaluberMD



## Step 4



## Step 5



## Step 6



# Instructions for Use – SMART Infrared Thermometer

## Step 1

Switch on the SMART Infrared Thermometer

## Step 2

Open SaluberMD. Go to My Health Profile → Medical Device Data → Body Temperature

## Step 3

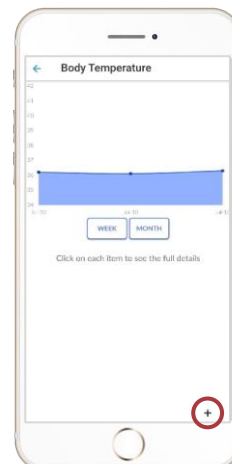
Click on the '+' icon



### Step 1



### Step 2



### Step 3

## Step 4

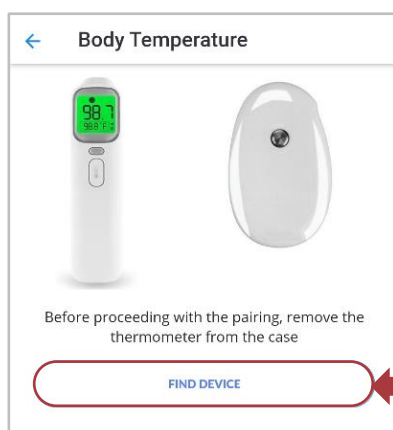
Click on Find Device

## Step 5

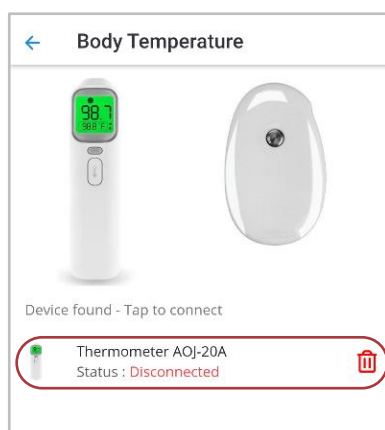
The Thermometer's name which is ON will be displayed. Tap to connect.

## Step 6

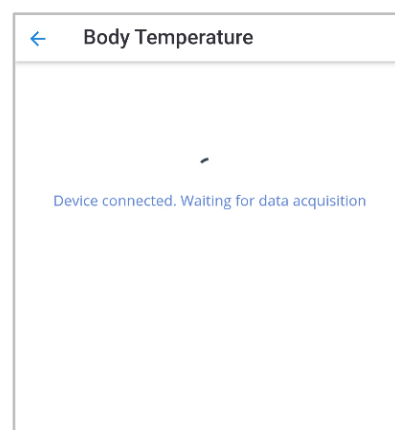
Once connected, "Device Connected. Waiting for data acquisition" message displayed



### Step 4



### Step 5



### Step 6



# Instructions for Use – SMART Infrared Thermometer

## Step 7

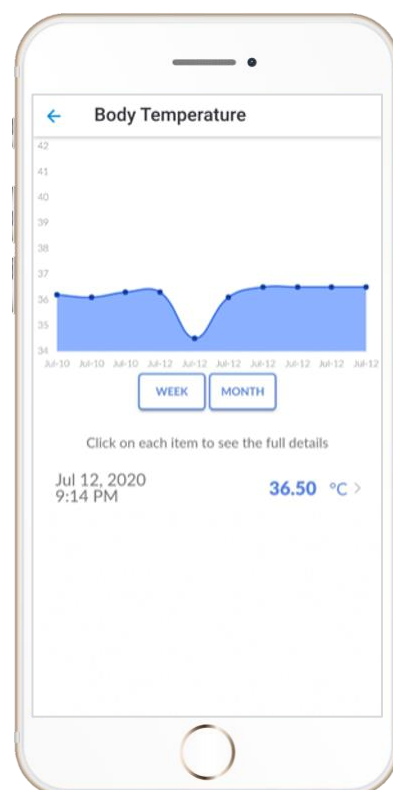
Hold the thermometer on the forehead and click the Measurement button once

## Step 8

The temperature reading will be displayed on the thermometer and the app

## Step 9

The data is stored under the Body Temperature section of the app



Forehead



Ears

Forehead Temperature – Cap on  
Ear Temperature – Cap off



## Step 7

## Step 8

## Step 9



# Instructions for Use – Finger Oximeter

## Step 1

Keep your Finger Oximeter ready for measurement

## Step 2

Open SaluberMD. Go to My Health Profile → Medical Device Data → SpO<sub>2</sub>

## Step 3

Open the clip and put the finger into the oximeter. Oximeter powers on automatically.



## Step 1



## Step 2



## Step 3

## Step 4

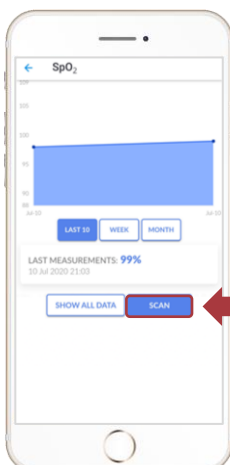
Click on “Scan”

## Step 5

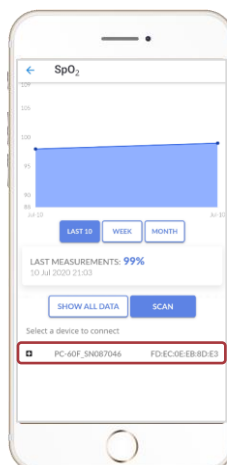
The devices will be displayed. Click on the oximeter from the scanned list

## Step 6

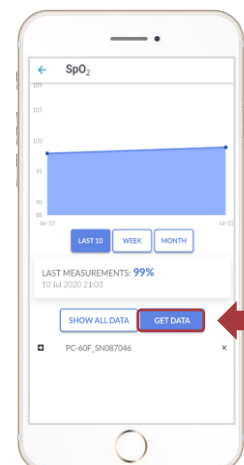
Once the device is connected, Click on “Get Data”



## Step 4



## Step 5



## Step 6



# Instructions for Use – Finger Oximeter

## Step 7

The measurement takes 30 seconds. Wait patiently with the finger in the oximeter

## Step 8

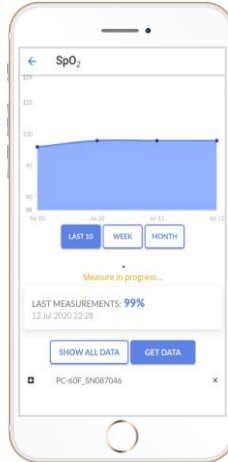
The app screen looks like this while the measurement is in progress

## Step 9

Once complete, remove your finger from the oximeter



## Step 7



## Step 8



## Step 9

## Step 10

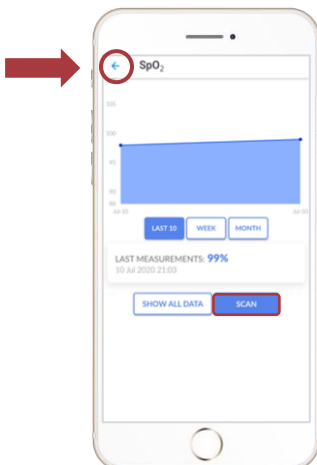
Click on Back Arrow and Come back to SpO<sub>2</sub> again (This refreshes the page)

## Step 11

The last measurement will be displayed. Click on Show all data to see history data

## Step 12

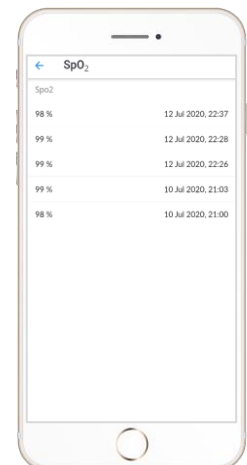
All the previously measured SpO<sub>2</sub> readings will be displayed



## Step 10



## Step 11



## Step 12



# Instructions for Use – Video consultation

## Step 1

To make video calls select »See a provider«

## Step 2

Select the medical specialty

## Step 3

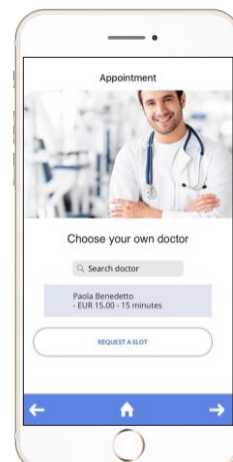
Choose the doctor



## Step 1



## Step 2



## Step 3

## Step 4

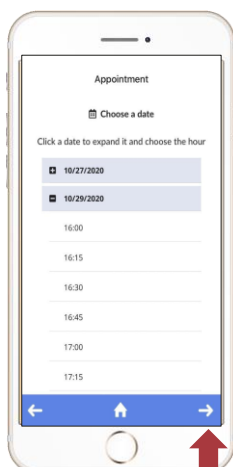
Choose the date and time you prefer, press the arrow at the bottom right, and finally press "Book".

## Step 5

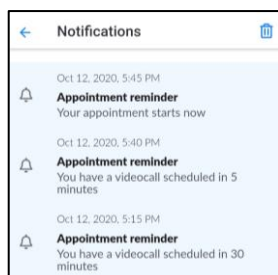
You will receive a series of notifications from 2 hours before, until the start time of the video consultation.

## Step 6

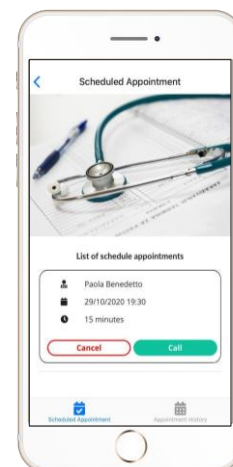
From 5 minutes from the scheduled time, open the notification that directs you to the call, or go to "My Timelines", then "My Appointments" and "Call". Answer the questionnaire, using the arrows at the bottom right to move on, you can insert photos or documents needed by the doctor. Finally make the call



## Step 4



## Step 5



## Step 6